



We are celebrating our birthday!

26 years

Ayurveda Paragon Hotel

Dear guests and friends of the Ayurveda Paragon Hotel!

Are you spontaneous, would you like to escape the autumn and treat yourself with an Ayurveda cure?

Visit us in October! You'll also get to experience our traditional birthday celebration - with cultural ceremonies and culinary delights.

We warmly invite you to celebrate our birthday with us on October 21st, 2022!

Our summer offer is valid until October 31st, 2022. E.g. 14 nights incl. cure from € 1,915.00.



Traveling to Sri Lanka now?



Ayurveda cure at Ayurveda Paragon Hotel A current experience from our guests

Sri Lanka is in an economic crisis, petrol is scarce and the political situation is unstable. Should you then still travel to Sri Lanka to relax and visit the Paragon Hotel for an Ayurveda cure?

We made a clear decision to do so, because tourism is a major source of income for the country and, of course, the Paragon is worth every support. In fact, during our three-week stay we didn't feel anything at all about supply bottlenecks, which in some places can be attributed more to transport problems than to real shortages.

We had a wonderful relaxing holiday in magical surroundings, and just as with many previous stays, we're impressed by the friendliness and competence of all employees, the exclusive service and the many offers such as yoga, meditation, small excursions and teatime that made the days at Paragon Hotel so varied.

We were also happy to see that the hotel retained its staff even during the Covid pandemic and the current crisis and that we were able to meet many friends again.

We can highly recommend to all those who have doubts to do the same: Don't be put off by media coverage, which is often accentuated by the media, come to Sri Lanka and to the Paragon and relax with the good feeling of being very welcomed as guests - especially now!

Dr. A.B. and Dr. G.H., Hamburg

Our early bird prices



Book till end of October 2022 for a stay from April 2023 and benefit from our low early bird prices!

Our prices can be found here: Ayurveda Paragon price list

We look forward to seeing and warmly welcome you!

For further information and inquiries, please contact our office via email: info@paragonsrilanka.com

Ayubowan and best regards from Sri Lanka,

Your Ayurveda Paragon team



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